



COFFEE by ONA 5
mug +1

HOT CHOC 4.5
ONA deluxe chocolate

CHAI / MATCHA LATTE 5

MOCHA / DIRTY CHAI 5.5

BABYCINO 2.5
frothed milk, choc powder, marshmallow

ORGANIC LEAF TEA 5.5
english breakfast
earl grey
peppermint
sencha green
chamomile
lemongrass ginger
honey chai

ALTERNATIVE MILKS 1
bonsoy
milk lab almond
alternative oat
canberra milk lactose free

KIDSHAKE 6
chocolate, vanilla, caramel, strawberry, banana, lime
ube, coffee, mocha, hazelnut +50c
biscoff +1

MILKSHAKE 8
chocolate, vanilla, caramel, strawberry, banana, lime
ube, coffee, mocha, hazelnut +50c
biscoff +1

THICKSHAKE 9.5
chocolate, vanilla, caramel, strawberry, banana, lime
ube, coffee, mocha, hazelnut +50c
biscoff +1

FRAPPE 8.5
chocolate, vanilla, caramel, strawberry, banana, lime
ube, coffee, mocha, hazelnut +50c
biscoff +1

BANANA PEANUT BUTTER SMOOTHIE 12 [df]
fresh banana, peanut butter, honey, almond milk

BERRY SMOOTHIE 12 [df]
blueberry, raspberry, french vanilla, banana, chia, oat milk

SNICKERS SMOOTHIE 12
chocolate brownie, peanut butter, nutella, caramel, banana, oat milk

MANGO SMOOTHIE 12
fresh mango, coconut cream, passionfruit pulp, frozen vanilla custard,
oat milk

ICED LATTE 7.5
maple blend by ONA, ice, milk

ICED COFFEE 8.5
maple blend by ONA, ice, milk, ice-cream, whipped cream

ICED LONG BLACK 7.5
maple blend by ONA, ice, chilled water

ICED CHOC 8.5
ONA deluxe chocolate, ice, milk, ice-cream, whipped cream

ICED MOCHA 9
maple blend by ONA, ONA deluxe chocolate, ice, milk, ice-
cream, whipped cream

ICED CHAI 8.5
organic chai, ice, milk

ICED DIRTY CHAI 9
organic chai, maple by ONA, ice, milk

ICED MATCHA 8.5
arkadia matcha, ice, milk

DRINKS OPEN HOURS

Monday to Friday 7:30AM – 1:45PM
Saturday 8:00AM – 2:00PM
Sunday and Public Holidays 8:00AM – 1:30PM

ORDER FROM THE QR ON YOUR TABLE
OR FROM THE COUNTER
DRINKS FRIDGE ALSO AVAILABLE INSIDE



trent@wildflour.com.au

please let us know about any dietary requirements, we are more than happy to accommodate wherever possible
10% surcharge on weekends and 15% public holiday surcharge applies



CHIA BOWL 20 [vegan, df]
organic nero chia seeds, sumatra coconut cream, almond milk, mango nectar, pure quebec maple syrup, granola, seasonal fruit

BREKKY BURGER 17 [df-op, gf-op +3]
two free range fried eggs, smokey bbq aioli, cheese, hash brown, bundawarraha bacon, wildflour sesame milk bun
+ **more bacon 5**
+ **chips 4**

AVOCADO 23 [vege, df-op, gf-op +3]
jerusalem dukkah, avocado smash, red beet hummus, feta, radish, grains and seeds, two poached eggs, wildflour artisan sourdough
+ **bundawarraha bacon 5**

PUMPKIN 23 [vege, gf-op +3]
roast pumpkin wedge, walnuts, pine nuts, sumac, yoghurt sauce, fried sage, parsley, pomegranate, wildflour artisan sourdough
+ **limassol haloumi 5**

CHILLI SCRAMBLED EGGS 23 [vege, gf-op +3]
spicy romesco, silverbeet sauté, broccolini, chilli, free range scrambled eggs, wildflour artisan sourdough
+ **bundawarraha bacon 5**

FRITTERS 23 [vege]
corn fritters, two poached eggs, guac, salsa, cucumber, grilled crispy zucchini, paprika dukkah
+ **fried chicken 7**
+ **smoked salmon 7**

ROSTI BENEDICT 25 [gf, vege-op]
house-made rosemary herb potato rosti, sauté spinach, two poached eggs, bundawarraha bacon, smoked paprika hollandaise

POKE BOWL 24 [df, gf, vege-op]
edamame beans, cucumber, carrot, nori, avocado, radish, pickled onion, brown rice, black sesame, spicy kewpie
choose:
miso salmon sashimi
miso grilled chicken

CHICKEN BURGER 25
free range southern fried chicken, purple cabbage slaw, burger cheese, house-made buffalo aioli, wildflour sesame milk bun, chips
+ **bundawarraha bacon 5**

SPICY SQUID 25 [df]
salt and pepper calamari, wombok, carrot, crispy shallots, coriander, bean sprouts, peanuts, leaf mix, spicy soy

PULLED PORK NOODLES 25
16 hour sichuan pulled pork belly, cucumber, peanuts, green onion, choy sum, egg noodles, fried egg

CARAMEL PANCAKES 25 [vege]
aquitaine caramel chunks, choc crumb, mayotte vanilla frozen custard, fresh strawberries & banana, caramel butterscotch sauce

KNAFEH PANCAKES 25 [vege]
fig, mascarpone & pistachio gelato, fresh fig & strawberries, pistachio dust, rose petals, orange blossom & rose water sugar syrup

UBE PANCAKES 25 [vege]
coconut ice cream, mascarpone, blackberries, strawberries, dragonfruit, ube sauce

EGGS + TOAST 14 [gf-op +3]
two free range eggs your way, wildflour artisan sourdough

BREADS + SPREADS 9 [gf-op +3]
wildflour white sourdough/multigrain/fruit
house-made jam, vegemite, peanut butter, nutella

CHIPS + AIOLI 8
straight cut chips with aioli and tomato sauce

HALOUMI FRIES 14
with dijon herb sour cream

SWEET POTATO FRIES 13
with guac

CHICKEN + CHIPS 14
southern fried chicken strips

CALAMARI + CHIPS 14
crumbed calamari



KID'S PANCAKE 13
one pancake w/ ice-cream & maple syrup

SIDES
fried chicken/smoked salmon 7
avocado/potato rosti 6
bacon/haloumi 5
hash brown/mushroom/spinach/tomato/egg 4

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